What is claimed is:

- 1. An interconnect apparatus comprising:
- a wearable garment having a body structure; and
- at least one interconnect element having at least one electrically conductive contact portion and an opening, said interconnect device coupled to a fabric circuit integrated in said garment.
- 2. The interconnect apparatus of Claim 1, further comprising a connector having at least one electrically conductive contact portion, said connector being releasably coupled to said interconnect element.
- 15 3. The interconnect apparatus of Claim 2, wherein said connector further comprises a cable extending therefrom.
 - 4. The interconnect apparatus of Claim 3, wherein said cable serves as a coupling to an electronic device.
 - 5. The interconnect apparatus of Claim 3, wherein said cable serves as a coupling to a power source.

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- 7. An interconnect apparatus comprising:
- a wearable garment having a body structure;

at least one interconnect element having at least one electrically conductive contact portion coupled to a first fabric circuit integrated in a first layer of said garment; and,

a connecting element having at least one electrically conductive contact portion coupled to a second fabric circuit integrated in a second layer of said garment,

wherein said interconnect element engages the connecting
15 element via a releasable locking action so that the respective
conductive contact portions come in contact electrically.

- 8. The interconnect apparatus of Claim 7, wherein said first and second fabric circuits are coupled to a signaling device.
 - 9. The interconnect apparatus of Claim 7, wherein said first and second fabric circuits are coupled to electronic devices integrated in the body structure of said garment.

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10. The interconnect apparatus of Claim 6, wherein said

connector is a button.

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11. A method for permitting a person to activate an electronic device conveniently, said method comprising the steps of:

attaching at least one fabric circuit in a wearable garment;
mounting an interconnect device having at least one
conductive contact portion to said wearable garment;

dressing said person in said wearable garment; and,

selectively coupling a connector having at least one

conductive contact portion to said interconnect device to serve

as a coupling to an electronic device or a power source.

12. A method for permitting a person to activate an electronic device conveniently, said method comprising the steps of:

attaching at least one fabric circuit in a first layer and a second layer of a wearable garment;

mounting an interconnect device having at least one conductive contact portion to the first layer of said wearable garment;

mounting a connector having at least one conductive contact portion to the second layer of said wearable garment;

dressing said person in said wearable garment; and,

enclosing two layers of said wearable garment by engaging said connector to said interconnect device so that the

respective conductive contact portions come in contact electrically.